



# Raven Medicine

September 11-13  
Camp Asbury  
Hiram, Ohio

Magic, shape shifting, and creation are its keynotes. Its cycle of power is Winter solstice. It is the bird of birth and death, and it is a bird of mysticism and magic.

The raven represents a duality as folklore around the world depicts in terms of both light and darkness. It was considered by some to be "unclean" due to its being a scavenger. Odin, the Norse god, used them as spiritual messengers. In some areas, it was believed that the Raven foretold death, and others believed that wicked priests became Ravens.

The Raven is a member of the corvids family, crows and magpies. The only difference between a raven and a crow is size. The raven is much larger. Thus, much of what applies to the crow applies to the raven.

Separate from the crow, the raven is believed to bring forth life and order. Nothing could exist without the raven. It stole the sunlight from the one who would keep the world in darkness. It is honored in art and on totem poles, reflecting the tales and mysticism that have developed around it.

## **Sacred Space**

The sacred space will be anchored by an altar of 800-1000 pounds of rocks and crystals. In addition, each person is asked to bring eight(8) pieces of granite that will be used to create individual and intertwining sacred circles. The combination will be to create a massive healing energy to anchor the weekend.

## **Integration**

Integration is the process by which we begin to support the chaos around and within us to form a new order. For some, this will be to complete the parallel (or past, if you are linear) life lessons and unfinished business, and/or to heal bleed-through. For others, it will be a return to the center, where the wisdom of internal authority will be rekindled to provide a guiding light for each person.





## Limited to

We have limited the number of attendees to 25

## When and Where will it be held

Registration will begin at 12:00 PM on Friday, September 11<sup>th</sup> at Camp Asbury. The workshop will begin Friday running into the night, Sat-all day and into the evening, and Sunday 9:00 a.m. to 2:00 p.m. The workshop will be held at Camp Asbury in Hiram Ohio



## What to Pay

The fee for the workshop is \$405 if paid by August 1<sup>st</sup>, 2015. Send \$100.00 deposit to hold your space or call Lauren if you need to discuss payment. If paid after August 1<sup>st</sup>, 2015, the fee is \$455. This includes room and six hot meals as listed above. There is a \$50 cancellation fee for withdrawing from the workshop after September 4<sup>th</sup>.

For further information, kindly call Lauren at 216-272-8438 or e-mail [lauren@therockgirls.com](mailto:lauren@therockgirls.com) to reserve a space in the circle. Please send a check, payable to The Rock Girls inc. Mail the check to The Rock Girls Inc. PO Box 24455, Cleveland Ohio 44124. Once paid-in-full you will receive info on your stay at Camp Asbury.

**Presenter:** Herb "One White Horse Standing" Stevenson (Shawnee and Cherokee) has been exploring indigenous healing practices for over 20 years. He has a private practice in crystal energy healing, specializing in trauma-related work. He provides workshops around the country upon request. For more information about Herb and his other classes go to <http://www.onewhitehorsestanding.com>

