



Dragon Medicine Workshop

A Initiation Into a Fuller Self

Dragon Medicine is the essence of self-transformation.

December 4-6, 2015

Camp Asbury, Hiram, Ohio

The workshop is a shamanic intensive retreat; held in a circle of sacred space where all participants share the experience of their healing journey. The class is structured around using sacred space and various exercises, prayers and journeys to explore your relationship to dragon medicine. As you connect your internal dragons will transform. They might be dragons who already assist and teach you and in that case you will deepen your relationship with them. Or they might be dragons who protect you from your inner traumas at the expense of holding parts of you hostage. Either way the dragons can reveal a path to deeper levels of your heart.

Dragon myths are filled with duality. They are associated with fire and ice. Western myths tend to be filled with the fiery character of dragons. Stories of their power as warriors and the awakening of greed and carnal natures. Eastern culture has focused on the watery side of dragon with stories of magical cures and the search for the elixir of eternal life. In both cultures dragons are connected to royalty. In this workshop we will journey to both the source of fire and water to see what each holds for us as gifts and how we can source our deep healing from them.

On the mythological level, many cultures have myths of dragons or the “world serpent” holding the world together. To “wake the dragon” in these stories will cause earthquakes so big they will break the world apart. In our personal world, we are often prevented from integrating the



trauma's that shape us by fears that the world will end. This workshop guides you step by step into transforming your "dragons" into powerful allies for self-knowledge.

Limited to

We have limited the number of attendees to 25

When and Where will it be held

Registration will begin at 12:00 PM on Friday, December 4th at Camp Asbury. The workshop will begin Friday running into the night, Saturday all day and into the evening, and Sunday 9:00 a.m. to 2:00 p.m. The workshop will be held at Camp Asbury in Hiram Ohio

What to Pay

The fee for the workshop is \$405 if paid by November 1st, 2015. Send \$100.00 deposit to hold your space or call Lauren if you need to discuss payment. If paid after November 1st, 2015, the fee is \$455. This includes room and six hot meals as listed above. There is a \$50 cancellation fee for withdrawing from the workshop after November 27th.

For further information, kindly call Lauren at 216-272-8438 or e-mail lauren@therockgirls.com to reserve a space in the circle. Please send a check, payable to The Rock Girls inc. Mail the check to The Rock Girls Inc. PO Box 24455, Cleveland Ohio 44124. Once paid-in-full you will receive info on your stay at Camp Asbury.

Presenter: Herb "One White Horse Standing" Stevenson (Shawnee and Cherokee) has been exploring indigenous healing practices for over 20 years. He has a private practice in crystal energy healing, specializing in trauma-related work. He provides workshops around the country upon request. For more information about Herb and his other classes go to <http://www.onewhitehorsestanding.com>

