

Daily Prayer of the Great Spirit

I call to those who went before me for guidance to travel this day's path.

I ask those who are yet to come what this day holds for me.

Of Great Spirit and Man is what I seek.

I ask for the Great Spirit to be at one with the Man and for the Man to walk as one with Great Spirit.

[Like Wolf, Hawk, and the warrior within](#), I ask to Show up and be present without preconceived notions, while having the Ability to Take Action and Enforce Boundaries

[Like Cougar, Raven, and the sage within](#), I ask for The Ability to Assess, Analyze and Contain, while saying what is so when it is so, without blame or judgment

[Like Black Bear, Owl, and the healer within](#), I ask for The Ability to Connect and Feel, while paying attention to what has heart and meaning.

[Like Buffalo, Eagle, and the leader/king within](#), I ask for The Ability to Initiate, Support and Create Order while being open to outcome

I offer this prayer to the Great Spirit above and within and humbly ask for divine help to live my life to the fullest and bring honor to myself and my people.

In gratitude,

ah ho or

amen or

"I am done" or

"So be it! So it is! So I am!"

