

# Awakening to Crystals AND A Journey into Stone Energy & Healing August 30 through September 2, 2007

or (the Labor Day Crystal Extravaganza 2007)

**Focus of the Workshop(s):** Rocks and crystals have been treasured for their beauty and healing energies since the dawn of time. In similar ways, rocks and crystals can assist in our spiritual journeys. For example, they bring forth spirit energies that provide interesting applications in the ordinary and non-ordinary realities. For some, the rock and crystal spirit energies can enhance shamanic work by adding new experiential dimensions to the ecstatic journey. For others, the rock and crystal spirit energies provide a new set of tools to be used in healing practices, such as establishing protective energy cocoons. At a minimum, as we learn to awaken the spirit energies of the rocks and crystals, parts of ourselves will begin to awaken as well.

**What to Expect:** This weekend will be offered as two workshops that can also be combined into one. On Friday participants of both workshops will be working together.

**The first workshop** will focus on discovering and exploring the ways each individual relates to the crystals and collects information from them. This workshop will be Thursday and Friday. We will be spending time connecting to the crystals and observing the effects they have on us as well as journeying with them.

**The second workshop** will focus on using stones and crystals for healing. This workshop will run Friday through Sunday. Using hands-on experiences, the workshop will focus on energy systems and creating a state of grace, balance and harmony, where healing of the body, mind, soul, and spirit can occur. We will use shamanic journeying to assist us in creating sacred spaces as healing processes for self and others. Herb will be bringing crystals for us to work with. There will be lots of table work facilitating healing for others in the class as pairs or trios.

**When and Where to Come:** Both workshops will be held at Bethel Horizons in Dodgeville, WI approximately 45 minutes west of Madison, 30 miles southeast of Richland Center, adjoining Governor Dodge State Park. Detailed directions will be provided in your confirmation letter.

**The first workshop** will start at 9:00 am on Thursday, August 30 and finish late into the evening on Friday, August 31<sup>st</sup>. The workshop fee includes lodging for both Thursday and Friday night and meals will include breakfast on Saturday morning.

**The second workshop** will start at 9am on Friday, August 31<sup>st</sup> and finish Sunday, September 2<sup>nd</sup> between 3 and 4 pm. The workshop fee includes lodging for Thursday, Friday and Saturday nights and meals start with breakfast on Friday and end with lunch on Sunday.

**How to Register:** Please fill out the registration form at the bottom and return to Marie Smith. Any questions please let me know. Marie Smith hawkridge@mwt.net or 647-2366.

## About Herb Stevenson

Herb "One White Horse Standing" Stevenson has bridged the worlds of business and spiritual healing. He has been a banker, a management consultant and an indigenous healer. He has published 26 books and is listed in Who's Who in Finance & Industry and Who's Who in American Law. A part of his efforts to reclaim his Native American Indian heritage (Shawnee and Cherokee), he has been exploring indigenous healing practices. He has a private practice in crystal energy healing, specializing in trauma-related work. He provides workshops around the country upon request. Herb develops ceremonial and healing wands, scepters, and staffs as part of his spiritual practice. For more about Herb and other classes that he offers check his [websites at http://www.medicineofmen.com](http://www.medicineofmen.com) and <http://www.onewhitehorsestanding.com>

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Please circle your food preference: Omnivorous, no red meat, vegetarian, vegan, low-carb. Please let us know if you have any food allergies. We will try to accommodate everyone, however if you have some special diet restrictions you may wish to supplement meals with some of your own food. The first meal provided will be on Thursday at noon and the last one will be lunch on Sunday.

Mail your completed registration form and a check for a \$100 deposit or the full amount with the balance due at the start of the workshop. Make checks payable to Marie Smith

**Mail registration to:** 19126 Campbell Hill Dr, Richland Center, WI 53581.

Please note that this is NOT a Pachamama sponsored event. The Cougar Medicine class will be sponsored by Pachamama on April 24-26, 2008. This one is for my own business.

The fee for the first workshop alone is \$270. The fee for the second workshop alone is \$425. The second workshop class size is limited to 24 people on a first come, first serve basis. The fee for taking both workshops is \$475. If anyone wants to stay extra nights (like Wednesday and/or Sunday) you must let me know and the charge will be \$28 per night. Lodging is dormitory style and most rooms have 3-5 beds to a room. Please specify if there is anyone you would like to room with.

**The last day for registration is Monday, August 27, 2007.** THIS IS REQUIRED FOR FOOD ORDERING. WE CANNOT GUARANTEE SPACES FOR REGISTRATION AFTER THIS DATE...SO PLEASE REGISTER EARLY. A full refund of your deposit will be made for cancellations up until Friday, August 24, 2007. After that a \$50 processing fee will be charged.

Welcome to our circle.